THE SENIOR CENTER BROADCASTER



TUESDAY, DECEMBER 3RD 8AM-1PM

9:00 - "Oh Holy Night" A chalk talk w/ artist, Cora Hurtz, daughter of Elva the founder

> "O Holy Night": Learn how God used an unlikely poet to bring this beloved carol to the world with its powerful message of the redemption of mankind. It came to America at a time when peace on earth seemed impossible! "O Holy Night" will become even more precious to you after hearing this amazing story.

11:30 - LUNCH A catered Christmas Meal:

Chicken Pot Pie (sloppy) & Cole Slaw Tom Elhajj, a HDM volunteer, is once again treating us with this delicious meal!

12:15 — The Gift Exchange Game

For those wishing to continue to Mingle a rousing game will be

To Participate in this game, you need to bring: ONE NEW \$10 wrapped Christmas gift (suitable for a man or a woman)

Pics w/Santa * Chalk Talk * Game * Holiday Sing-A-Long & More!

Always grateful for those who are always giving back to us!

Back in July, when the Sunnyside Gang and Safe Harbor visited us for a performance, we faced an unexpected challenge. A power outage in the area led to a "no food delivery" announcement for all York County Senior Centers that morning. This left us scrambling at 8 AM to purchase and prepare food for 72 people in time for

lunch. To top it off, our large coffee pot decided to quit on

us as well.

Understanding the difficulties we faced, both bands went above and beyond by generously donating their performance checks back to us for our Remodel Fund. What a thoughtful and kind gesture!





INSIDE THIS ISSUE

Activities2-4 LIVE Music2 Birthdays.....5 Trips6 Calendar7

UPDATES!

REMODEL FUND **DONATIONS:**

Susquehanna Lions Club, Bonnie O'Neil, Ida Marie Linch, Audrey Kraft, Erma Schaffner, In Loving Memory of Bernice McMann & Carol Willow, Manchester Twp, Anonymous Angels, & the Senior Center Jar now totaling \$130,178.

Courtney, (church custodian) donated 14 beautiful door hangers & donated the funds to us!

GENERAL FUND DONATIONS:

Danielle & Dolly Roberts, Manchester Borough, Family Clothes Tree, & Anonymous.

Our Mission

WEEKLY ACTIVITIES

Chair Aerobics......Mondays @ 9AM

(\$ by Donation)

Paint with Holly

& Art Club Mondays @ 12:15

(\$ by Donation)

Painting with Acrylics & Making Crafts. Have fun socializing & creating art! Monday dates TBA

Bingo.....Wednesdays @ 12:15

Cost: Bring as many DollarTree/\$1 gifts as you won the week before

Zumba GoldTuesdays @ 9AM

w/ Heather Cintron (\$3/Class)

Get Moving Tuesdays @ 10:15

w/Bonnie (\$ by Donation)

Fitness Class Thursdays @ 10AM w/Steve Newport @ Eagle Fire Co. (\$3/Class)

Moving & Grooving Fridays @ 10:15

w/Bonnie (\$ by Donation)

10/2@ 0.20



LIVE MUSIC ENTERTAINMENT

EVERY WEDNESDAY MORNING

Mark your calendars for your favorites!

Stories w/ Whitey 10/9 @ 9:30 Hillbilly Heaven 10/9 @ 10:30 Safe Harbor 10/16 @ 10:30 Kirk Folk 10/23 @ 9:30 Tom Shultz 10/30 @ 10:00 Chris Sacks 11/6 @ 10:30 Sweet Life Music 11/13 @ 9:30 Tony Heath 11/20 @ 9:30
Safe Harbor 10/16 @ 10:30 Kirk Folk 10/23 @ 9:30 Tom Shultz 10/30 @ 10:00 Chris Sacks 11/6 @ 10:30 Sweet Life Music 11/13 @ 9:30
Kirk Folk 10/23 @ 9:30 Tom Shultz 10/30 @ 10:00 Chris Sacks 11/6 @ 10:30 Sweet Life Music 11/13 @ 9:30
Tom Shultz
Chris Sacks
Sweet Life Music11/13 @ 9:30
Tony Heath11/20 @ 9:30
Joe Cooney & Friends 11/27 @ 9:30
Jerry Overby & Derek Reed12/4 @ 9:30
Bob Reigh Trivia12/11 @ 9:.00
JCM Band12/11@10:00
Tom Shultz12/18 @ 9:30

Activities On the Horizon...



Oct 3rd 10AM **Country Meadows** Join us for an engaging presentation, by the team from Country Meadows.

Oct 7th

12-1:30PM

Annual Health & Wellness Fair & Flu Clinic Minnich's Pharmacy is hosting!

There will be representatives from lots of great services available in the community for you to learn more about, along with a chance to win some door prizes for any

member who attends that day.



Flu Clinic - You will have to register two weeks prior for flu, covid, and/or pneumonia shots.

You will need:

- **★** Medicare Card
- ★ Any additional Insurance Cards

Oct 16th

9:30AM

Visiting Angels Presents: "Safe & Steady"
Fall Prevention Program

Stay on your feet and join us for this engaging program! Learn helpful tips to stay safe and steady with Visiting Angels.

Oct 17th & 18th

9-1:30PM

AARP Driver's Saftey 2-Day Training Course

(Regular Center Activities are CLOSED for staff training)

Oct 21st 10AM Drayer Physical Therapy "Winter Cautions"

Get ready for winter with expert tips from Drayer Physical Therapy!

Oct 28th 10AM

Matt Cleveland Presents:
"Words of Fortune"

Matt's back with 'Words of Fortune' It's always a blast when he's around!

Oct 29th 12:15PM

Historian, Scott Mingus:
- Presents The Underground Railroad

"They came by way of Shrewsbury and Stewartstown. Hanover and Peach Bottom....through dozens of small York County villages....They sought freedom..." C'mon out and learn the rest of the story from Scott!

Sunnyside Cana

Activities On the Horizon...

Cont'd...

Oct 30th

Annual Halloween Party with Tom Shultz

Get ready for a spook-tacular time! Join us for music, laughs, and treats costumes are encouraged!

Nov 6th

9:30AM

Annual Veterans Salute

Join us in honoring our veterans! Let's celebrate their service and show our appreciation together.

Nov 25th **10AM**

9AM-12PM

Bella from Homeland at Home PRESENTS

"All About the Sodium Content"

Nov 25th 12:15PM

\$ Thanksgiving Cookie Exchange

• Join us for a delicious cookie exchange!

- ☑ Sign up by November 8th
- Bring 3 dozen of your baked cookies
- Bring the recipe & note any allergens You will take home 3 dozen cookies!

Dec 3^{rd} 9:30AM

ANNUAL CHRISTMAS PARTY

Dec 5th 12:15PM

Country Meadows Join us for an engaging presentation this winter, by the team from Country Meadows.

Dec 5th

Holiday Gift Card/Money Holder Workshop

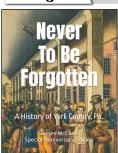
Hosted by RuthAnn Boyd



Join us for a festive Iris Paper Folding workshop where you'll create a beautiful holiday-themed gift card/money holder. With only 15 seats available, be sure to secure

Dec **12**th 12:15PM

We Welcome Jim McClure Retired Editor of the York Daily Record & A York County Historian



Join us for an engaging talk with Jim! He has over 30 years of leadership in local journalism, Jim is also the author of 10 books on York County history, including the recently updated Never to be Forgotten. He continues to empower the community through popular Facebook groups and is actively involved with local historical organizations. Don't miss this chance to hear from a true York County historian!

His newest book will be available for \$20. Be sure to get your copy autographed!

Dec 16th

10AM

Bella from Homeland at Home **PRESENTS** "A Christmas Special"

Dec 17th 12:15PM **Holiday Mini Concert by Odyssev**

Enjoy a festive performance by the talented NEHS musical group, Odyssey!

Dec 18th Noon Year's Party with Tom Shultz

Celebrate the New Year early with music 9:30AM and fun at our Noon Year's Party



Got a sweet tooth? Join us for a fun dessert auction! Bid on delicious treats just in time for the holidays. All proceeds support the remodel fund!

Dec 10th 11:00AM

Brass Choir Concert

Enjoy a holiday performance by the talented NEHS Brass Choir!

Dec 30th **10AM**

New! Drum Circle Join "Jeff the Drum Guy"

for an exciting African **Drumming Experience!**

Learn to play the djembe, explore its history, and drum along to both African and popular music. Expect fun, storytelling, and community in this interactive program!

Jan 30th 10-11:30 12-1:30

Lego Play!

Join us for an interactive Lego Play session, sponsored by Penn Cares and led by Deb Allen.

This fun program is designed for seniors, promotes socialization, reduces isolation, and supports brain health. Choose from two sessions: 10:00-11:30AM or 12:00-1:30PM (snow makeup date: Feb. 6).

POPUP PRODUCE FINAL DATES!

Triple A Dwarf Acres (Barb Ahrens) will be providing produce for you to 🛒 purchase fresh fruits & vegetables.

10/10 & 10/31 12:15-1:15PM



MONTHLY ACTIVITIES

PLEASE NOTE Haircuts & Massages:

Must be @ Center between 10-10:30 and will be taken in the order you have signed up. No Show, you will be skipped or put at the end of the list. No Walk-Ins!

MONDAYS

MONDING
Haircuts by Missy Miegle Dry Cut & Basic Style ONLY Cost \$12 NO JULY CUTS1st Mondays @ 10am
Socrates Café Anne Vendy & Don Bruening Moderators
1st Mondays @ 10AM
Notes of Healing Music Therapy
<i>w/Taylor Hood</i> 2nd Mondays @10AM This is all about you and the joy of music!

TUESDAYS BRUNCH BUNCH 2nd Tuesdays

««Reservations Required««
Meet each month with escort, Margaret Miller
Lydon Diner 10/8 @ 5PM 1353 Kenneth Rd, 17404
Denny's 11/12 @ 10AM Route 30
Two Brothers Family Restaurant

WEDNESDAYS

2935 E Prospect Rd 12/10 @ 10AM

Free Blood Pressure Screenings by Kara1st Wednesdays @ 9:30AM
Free Sugar Checks & BP's by Barb Kuhn, RN4th Wednesdays @ 9AM
Chair Massages by Brenda Dettrey, LMT 1st & 3rd Wednesdays \$15/15 mins @ 12:15
Millek's Sub Sales Orders Due:

THURSDAYS

Muscle Mechanics @ the Center with Steve Newport (\$3/Class)
2nd & 4th Thursdays @ 9AM
Now Ya Got It! - Bring a \$3 NEW Wrapped Gift!3rd Thursdays @ 10:30AM
Property Tax/Rent Rebate Appts. w/Espe of State Rep Joe D'Orsie
1st Thursdays @ 9AM
Beltone @ Home
Quarterly free services to clean/check/repair hearing aids
by Special Appt. Only!10/31

MUST check with staff for scheduling Offers free services

Page 4 dates: 1/23, 4/24, 7/31, & 10/30

to clean/check/repair hearing aids as well as hearing tests

Iris Paper Folding

Chapel Time 3rd Thursdays @ 9:30AM w/ Paster Eddie

FRIDAYS

GOLFING AT ROYAL MANCHESTER

Friday10/4



(dates are always subject to change)

8:30 am Tee Time

Cost: \$20 per person 9 holes w/ cart

Contact the Senior Center

Crafting & Games with the Otterbein Dragonflies & Grasshoppers



1st Fridays (Sept-May)9:15AM

Join us for crafting & games with the kids upstairs!

Birthday Bash.....2nd Fridays @11:15AM



Join us to honor and celebrate our members' birthdays occurring within that month! A BIG Thank you to *Country Meadows* for suppling our monthly birthday cake!

Homemade Fixin's Fridays



......2nd & 4th Fridays October Dates: 10/11 & 10/25

Join our Monthly Birthday Bash to celebrate everyone's birthdays! Keep an eye on your mailbox for invitations!

Additional dates & menus TBA at the center

2024 MONTHLY SUB SALES

by Millek's Subs & Aunt Lydia's Pretzels



12" subs...\$7 • Pretzel sandwiches...\$6

Orders due 2nd Wednesday of each month (before noon). Pickup/ Delivery & Money is the following

week, 3rd Wednesday (10am-1pm) Jan-Nov. For monthly subscriptions, please inquire at the center in person or by phone for more information. Thank you for your continued support! (Complete details available on order forms at the front desk.)

WELCOME NEWBIES!

Donna Berlin Kip Cheaney Bill & Marg Fogle Barb Forry Shirley Fritz Kimberly Heilman Joie Henney Tony Larty

Deb Lombardo Mark Stoner Kelly Thomson Ray Tisot

NEEDING PRAYERS:

Deanna Eberly Ginny Kelly Gloria Elfner Diana Bruening

Our Heartfelt Sympathy to Families & Friends of:

Brenda Anstine, Gail Lantz, Bernice McMann, Nancy Walker, The Family of Gregory Bennett, Sr, owner of Harvest Moon Fruit & Produce Stand who donated truckloads of produce to us over the years! You too will be missed by many!



HAPPY

OCTOBER

- 2 John Owad
- 4 Sue Hare
- 6 Cheryl Bauer Daryl Gemmill
- 10 Mary Bupp
- 11 John Anderson Charles Culley Cheryl Noll
- 17 Glenn Cassell Kathleen McCormick
- 20 Nancy Henchey George Lenkner
- 21 Kimberlee Henry
- 22 Steven Kraft
- 25 Anne Vendy
- 27 Beverly Boyd



October

November

- 2 Debra Lombardo
- 4 Pat Sanderson
- 5 Thomas Hanna
- 7 Peggy Glatfelter
- 10 Diana Bruening George Leiter
- 11 Joyce Santiago

- 14 Laurie Winters
- 18 Pat Sullivan
- 19 Ruth Keller
- 20 Linda Newport
- 21 Marlene Kroft
- 22 Margaret Miller
- 23 Steve Newport

- 24 Edward Shaffer
- 25 Sharon Swartz
- 27 Byron Almoney Ava Dixon
- 28 Pam Yourell
- 30 Lois Fengfish



- 2 Joy Inch
- 5 Barbara Forry
- 6 Gail Shultz
- 8 Ernie Lees
- 10 Joe D'Orsie
- 12 Delores Beshore
- 14 Debra Chmiel

- 17 Phil Covert
- 18 Phillip Dodson
- 18 Marie Shellenberger
- 20 Kimberly Heilman
- 21 Gary Phillips
- 22 Evaline Cousler Dona Weirich
- 23 Tim Heilman
- 26 Judy Conley
- 27 Cheryl Adams Dawn Eshleman
- 28 Norine Shaw
- 30 Carole Plowman

NASSC STAFF

Deb Davis— Executive Director **Missy Adams**—Assistant Director **Holly Sarti**—Administrative Assistant

Kitchen & Activity Aide

Alicia Leiter

Daily Volunteers

Gloria Confer, Pat Haring, Barb Kuhn & Bonnie O'Neil

2024 DINNER THEATER SHOWS

***You must be a member over 65 years old & registered with the Rabbit Bus. Rabbit bus fares are always subject to fare increases that are not under our control. Costs include admission, tip, & Rabbit bus.



DEPARTURE
@ 10:15am
Cost: \$82

October 24th 2024 —Hairspray



DEPARTURE
@ 10am
Cost: \$82

Unless otherwise noted

November 19th 2024—Christmas Candy Caper *Bird in Hand shows will be performed at the old Historic Revere Tavern @ 3063 Lincoln Hwy E, Paradise, PA 17562

2025 DINNER SHOW DATES — MARK YOUR CALENDARS!

June 5th 2025— We Will Rock You
July 24th 2025—Wizard of Oz
September 8th 2025—The Buddy Holly Story
November 20th 2025—Holiday Inn

May 13th 2025 —Miss Fannie's Biscuits September 16th 2025—Stolen

** Trip Cost will be posted after the 2025 faire increase from RabbitTransit are released **

A HEARTFELT "THANK YOU" To ALL for their Donations!

Community Donations: Donors of food and other goodies are cherished too: Karn's Foods, Country Meadows, Union (Manchester) Fire Hall, S&H Express, & The Blind Sided Soup Kitchen.

Caps for Kids—Thank you Janet Julius for your donation of 10 caps!



TIS' THE SEASON FOR SNOW

If it snows overnight and you're wondering if the center is open:

★★Call the center **AFTER** 6 am ★★ & **listen** to the message

OR

★★Check our Facebook page★★

OR

★ ★ Watch WGAL TV 8 ★ ★

A SWEET THANK YOU FOR A SPECIAL APPLE DUMPLING DAY!

Special thank you to Gloria Confer, Lee Confer & Shirley Rehmeyer for donating so we could have a special day of apple dumpling making in September!

What a sweet treat!

Refresh your driving skills & you may save on auto insurance!

age-related physical changes, declining perceptual skills, rules of the road, & local driving problems.

Class size is limited so call today! Upon completion of the course, you may qualify for an automobile insurance discount; contact your personal insurance agent for more details. Note: Both you & spouse on policy have to take this course in order to qualify for a discount.

DRIVER SAFETY COURSE

—FOR AGES 55 & OLDER

Preregistration is required. Costs of classes are \$25 or \$20 for AARP Members. Lunch is Included!

2 Day Course for BEGINNERS: Thursday & Friday, 10/17 & 10/18, 9:00-1:30 Designed to meet the needs of older drivers covering

OUR WISH LIST

★Donations to our Remodel Fund for Upgrades to our New Home

*Tissues *Paper Towels *Healthy snacks

★Small & Large Paper Plates ★4-ply yarn



OCTOBER 2024

Northeastern Senior Center • 717-266-1400 (Mon-Fri 8am-2pm) Lunch served at 11:30am



		Editori Sci ved de iliocari		
MONDAY(TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JOIN US:	8:30 Parlor Games 9:00 Zumba Gold	8:00 Social Hour/ P&P Games	NO Fitness Class! 3 WELCOME LIU #12	8:00 Koffee Klatch 8:30 Golf @ Royal Manchester 9:15 Daycare Visitors
Klatch / P&P Games	12:15 Members Choice	9:30 Blood Pressures	9:00 Property Tax Rent Rebate	10:15 Moving & Grooving
★★ Call Us Before 10AM At Least One (1) Business Day Ahead to Order Meals &		9:30 Sunnyside Gang 12:15 Bingo	10-1pm Penn Mar Visitors 10:00 Country Meadows: 12:15 Members Choice	11:00 Chase's/ Announcements 12:15 Members Choice
9:00 Chair Aerobics 7	8:30 Parlor Games 9:00 Zumba Gold	8 MILLEK'S ORDERS DUE 9	9:00 Muscle Mechanics 10 **Fire Safety Prevention	8:00 Koffee Klatch 11 9:00 Beanbag Poker
No Art Club 11:00 Lunch Early Today	10:00 Brunch Bunch 10:15 Get Moving	y y Heaven	Week: Firehall busy 10:00 Fitness Class @ Sr.	10:00 Moving & Grooving
11:30-1:30pm Flu Shot/Vaccines	12:15 Members Cnoice	12:15 Bingo	Ctr. tnls day only!!!! 10-1pm Penn Mar Visitors	11:30 Montnly Birthday Bash & Homemade Fixins'
& Health & Wellness Fair w/ Minnich's Pharmacy			10:00 Cornhole 12:15 Members Choice	12:15 Members Choice
Center Closed 14	8:30 Parlor Games 1 9:00 Zumba Gold	15 MILLEK'S SUB PICKUP 16	9-1:30pm 17	8:00 Koffee Klatch 18 NO Moving & Grooving
HAPPY	10:15 Get Moving	9:00 Massages 9:00 Wassages	Drivers Safety Course	9-11 Quiet activities, shh!
DAY		Safe & Steady/Fall Prevention 10:30 Safe Harbor	CENTER CLOSED TO	9-1:30pm AARP 2 day Drivers Safety Course 11:00 Chase's/ Announcements
* * * * * * * * * * * * * * * * * * *		12:15 Bingo	ALL OTHERS!	12:15 Members Choice
9:00 Chair Aerobics 21 10:00 Drayer Physical Therapy presents: Winter Safety Tips	NO ZUMBA GOLD 28:30 Parlor Games 10:15 Get Moving 12:15 Members Choice	23 8:00 Social Hour/ P&P Games 9:00 Sugar & BP Checks 9:30 Kirk Folk 12:15 Bingo	Outch Apple Trip: 24 <i>'Hairspray"</i> Muscle Mechanics Pen Mar Visitors	
12:15 Members Choice			12:15 Members Choice	12:15 Members Choice
9:00 Chair Aerobics 10:00 Matthew Cleveland: Words of Fortune 12:15 Paint with Holly 12:15 Members Choice	9:00 Zumba Gold 8:30 Parlor Games 10:15 Get Moving 12:15 The Underground Railroad: Historian, Scott Mingus	8:00 Social Hour/ P&P Games 8:30 Match Game 9:30 Tom Shultz 12:15 Bingo	9:00 Beltone @ Home: 31 Cleaning Appts 10:00 Fitness Class 10-1pm Penn Mar Visitors 10:00 Pass the Pigs 12-1pm Pop-Up Produce 12:15 Members Choice	★★★ Calendar Subject to Change Without Notice & Changes Often Due To Very Early Printing



CENTER CLOSURES

10/14 Columbus Day

10/17 All Day Staff Training WILL BE OPEN FOR AARP Class ONLY (9am-1:30pm)

11/11 Veteran's Day

11/28 & 11/29

1/1

Thanksgiving Holiday

12/25, 12/26, 12/27 Christmas Holiday

New Year's Day

seniorstars@nassc.org www.nassc.org

Find us on Facebook!
NortheasternSeniorCenter

COMMUNITY SERVICE PROJECTS Our Winter Drive is Underway!

Caps For Kids: make and/or collect caps, scarves, gloves for children of the Northeastern School District. **

Lap Robes: for our HDM clients, nursing homes, & members in need. **

**Please note, due to storage issues here we ask you to bring in the above items during the week of 12/9 to give out in time for Christmas!

Collecting Old Eyeglasses & Cases:

Susquehanna Lions Club

Collecting Old Hearing Aids & Batteries: Beltone @ Home











